



WITH MY FAMILY

Summertime Lantern Walk

Processions are traditional prayers of movement. Catholics process as they pray the Stations of the Cross, on festival days, and during Las Posadas. If you have a big enough yard, hold a summertime procession with your family and friends. Carry lanterns, votive candles, or even flashlights, and march around the yard. Stop four or five times, and at each stop, say, "In the light of these lanterns (these candles/ these flashlights) we pray for the needs of . . ." Invite all in the procession to name their prayers for the families represented, for the neighborhood, for the country, and for the world. After offering prayers at the final stop, conclude by praying together the Lord's Prayer. You may wish to sing a song about light (such as "This Little Light of Mine" or "Christ Be Our Light") as you process from stop to stop.



Autumn Altar

Set aside a place in the home for an autumn altar. Place upon your altar a cloth in a fall shade of green, the family Bible, a candle, and then take a family walk. Invite each family member to find one or two items of nature to place upon the autumn altar. This altar will be a sign for your family that Jesus is present in your home all fall. Gather at this altar for morning prayer or night prayer throughout the week.



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