

INTRODUCTION

The Rosary is a traditional Catholic devotion to Mary. A Rosary has five decades. The word *decade* means a group of ten. It refers to the ten Hail Mary prayers that are prayed in each of the five mysteries of the Rosary. When we cannot pray a full Rosary, we can pray a decade of the Rosary. With each Hail Mary, we present to Mary our prayer intentions for her to intercede on our behalf. She is our spiritual mother who cares for us.

HOW TO PRAY THE ROSARY

Let us pray with confidence, asking for her intercession.

(You may want to use rosary beads to pray the Our Father, the Hail Marys, and the Glory Be.)

Pray the Sign of the Cross.

(Present your prayer intentions in silence or aloud.)

Pray the Our Father.

(Use the large bead before the Hail Marys.)

Pray ten Hail Mary prayers.

(Use the ten small beads.)

Pray the Glory Be.

(Use the space after the tenth Hail Mary bead.)



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