Advent Table Prayer

Gather at mealtime around the kitchen table. Invite a family member to light the appropriate number of candles on the Advent wreath. If you do not have an Advent wreath, light a single candle.

Sing a familiar Advent hymn or refrain and lead the following prayer. (Invite other family members to lead the prayer throughout the season of Advent.)

Leader: Come, Lord Jesus!
All: Come quickly!

Leader: Blessed are you, Lord, God of all creation, in the darkness and in the light.

Blessed are you in this food and in our sharing.

Blessed is Emmanuel, God-with-us, now and for ever.

All: Amen.

Conclude by praying together the Sign of the Cross and/or singing the Advent refrain or hymn you have chosen for today.