

# Family Catechesis with

# Be My Disciples®



## Be My Disciples

### Classroom Model

- Children are taught by teachers or volunteer catechists.
- Classes meet from September to May—weekly for thirty sixty-minute lessons or bi-weekly for fifteen two-hour sessions.

### Suggestions for Family/Parish Partnerships

Invite adult family members to join grade-level classes for chapter or unit review, using the activities from the **Families: The Heart of the Matter** magazine or the **Additional Activities** booklets.

Enhance and reinforce catechetical formation by inviting families to use **Family Life**, RCL Benziger’s virtue-based moral formation program, at home.

### At Home

- Parents facilitate religious instruction at home following the same curriculum as the classroom model, using the **At Home Family Guide**.
- Families report progress to the parish catechetical leader at the end of each unit.

Ask all adult family members gather for three meetings per year—introductory, mid-year check in, and end-of-the-year wrap-up.

Schedule monthly in-parish gatherings to introduce the unit/first chapter in the unit, with the remaining three chapters completed at home. These sessions can be intergenerational, or adults can attend their own background sessions, while children complete the chapter with a grade-level catechist.

### Intergenerational

- Invite families to gather together, allowing adults to catechize children while growing in their own faith.
- Sessions are scheduled monthly or at regular times throughout the year for one to two hours.

Designate one session per month as a Family Faith session. Use the **At Home Family Guide** with families to complete the chapter for that week, or gather for community faith formation using **Our Family Gathers**.

Plan four or five intergenerational gathered sessions throughout the year focused either on the liturgical year, using **Our Family Gathers**, or on moral formation, using the **Family Life** Unit-Based Model.

### Summer Concentrated Model

Use the **Be My Disciples Summer Program Director’s Guide** to offer a three-week, four-hours-a-day program.

Using the **At Home** booklet as a guide, add a one-day mini-retreat for families or a parent session at the beginning or end of each day to help families extend the lessons of the day.

Help families stay connected to faith formation throughout the academic year by inviting them to four or five intergenerational gathered sessions exploring the liturgical year, using **Our Family Gathers**, or moral formation, using **Family Life**.



a Kendall Hunt Company

RCLBenziger.com\*

8805 Governor’s Hill Drive • Suite 220

Cincinnati, OH 45249

877.275.4725



For more information or to purchase products visit

[OURFAMILYFAITH.COM](http://OURFAMILYFAITH.COM)